

Laws of the Game

Orchard Park Soccer Club 7 v 7 League

- **USSF/FIFA Rules & Regulations.**
- **All players must wear shin guards.**
- **All players must have a numbered jersey.**
- **There will be NO jewelry worn during the game.**
- **The duration of a game will be (2) Thirty (30) minute halves.**
- **There will be (5) minutes between the half.**
- **Home team will clean the ball before the start of the game and at halftime with the supplied sanitizer.**
- **Substitutions will be done at the discretion of the referee during a stoppage of play.**
- **During a free kick, the opponents must be eight (8) yards from the ball. One (1) person wall only (due to social Distancing) 8 yards from the ball. **Remember other players must be 6 ft from any player.**
- **Size of Soccer Ball – U12 and below Size 4. U13 and above Size 5.**
- **U11 and under – NO HEAD BALL.**

A forfeit will occur after ten (10) minutes of a scheduled game time.

If two (2) Cautions (yellow card) are given to one player in one game they will be suspended and fined.

If one (1) Red Card is given to a player in a game, they will be suspended and fined.

This will also apply to the coaches and team personnel.

When a player is given a red card (2 yellow cards), his/her team must play down for the remainder of the game.

There will be NO spitting at another individual or in the pitch. (RED CARD)

All team personnel will be on one side of the field and spectators on the other side of the field